

# Cocaine Anonymous Meetings in Sussex



Do you have a problem with drugs and/or alcohol?

Cocaine Anonymous can help

**FREEPHONE**  
**0800 612 0225**

Online Meetings: [www.ca-online.org](http://www.ca-online.org)  
[www.sussexcocaineanonymous.co.uk](http://www.sussexcocaineanonymous.co.uk)  
[www.cauk.org.uk](http://www.cauk.org.uk)

## MONDAY

### 10.00-11.00am 'The Solution'

Committee Room 1, Kemp Town Crypt Community Centre, St. Georges Church, St Georges Road, **KEMP TOWN**, Brighton, BN2 1ED

### 6.30-7.30pm 'Thus We Grow'

Portslade Community Centre, Church Road, **PORTSLADE**, Brighton & Hove, BN41 1LB (next to Portslade health centre)

### 7.30-9.00pm 'Free at Last'

All Saints Church, 21A Grange Road, **EASTBOURNE**, BN21 4HE

### 7.30-9.00pm 'Always a Newcomer'

Worthing Churches Homeless Projects St Clare's Day Centre Charity, 6-8 Marine Pl, **WORTHING**, West Sussex, BN11 3DN

### 7.30-9.00pm 'Sharing the Solution'

Broadfield community Centre, Coachmans Drive, **CRAWLEY**, RH11 9BA

### 8.00-9.30pm 'Message of Hope'

The Vicarage, Wilbury Road, **HOVE**, BN3 3PB

## TUESDAY

### 17.45-18.45pm 'Letting Go'

St Marys Church, Church Street, **LITTLEHAMPTON**, BN17 5EW

### 7.00-8.00pm 'There is a Solution'

Southwater Community Centre, 1 Stainsby Street, **ST LEONARDS-ON-SEA**, TN37 6LA

### 7.00-8.30pm 'Step & Tradition Meeting'

Hove Methodist Church, Portland Rd, **HOVE**, BN3 5DR

### 7:30-8:30pm 'Big Book Study'

Evangelical Church, 132 South Coast Road, **PEACEHAVEN**, BN10 8RD

### 8.00-9.30pm 'It Works, It Really Does'

St Barnabas Church, Worth Road, **CRAWLEY** (nr. Pound Hill), West Sussex, RH10 7DY

## WEDNESDAY

### 7.30-8.30am 'Early Recovery'

Sunshine Cafe, Hove Manor, 4 Hove Street, **HOVE**, BN3 2DF

### 7.30-8.30am 'Daily Peace'

Starbucks Coffee, 12/13, Queens Square, **CRAWLEY**, RH10 1DY

### 10.00-11.00am 'Hope, Faith and Freedom'

Christ Church, Grafton Road, **WORTHING**, BN11 1QG

### 7.30-9.00pm 'Women's Meeting'

St Mary Magdalene Church, Upper North Street, **BRIGHTON**, BN1 3FH

### 7.30-8.30pm 'Big Book Discussion Group'

The Vicarage, Wilbury Road, **HOVE**, BN3 3PB

## THURSDAY

### **7.00-8.00pm 'Women's Big Book Study'**

Crawley Hospital, Post Graduate Rooms,  
**WEST GREEN**, West Sussex, RH11 7DH

### **7.00-8.30pm 'Men's Meeting'**

Three Bridges Community Centre,  
23 Gales Place, **CRAWLEY**, RH10 1QG

### **7.30-9.00pm 'Sharing the Solution'**

St Johns Centre Cafe, Palmeira Square,  
**HOVE**, BN3 2FL

### **7.30-9.00pm 'Sharing the Solution'**

Christ Church, Grafton Road,  
**WORTHING**, BN11 1QG

### **SELFTEST FOR ADDICTION**

- Do you ever use or drink more than you planned?
- Is your using or drinking causing problems with your family or friends?

## FRIDAY

### **10.00-11.00am 'Big Book Study'**

Committee Room 1, Kemp Town Crypt  
Community Centre, St. Georges Church,  
St Georges Road, **BRIGHTON**, BN2 1ED

### **7.30-9.00pm 'Reaching Out'**

The Old School House, Ham Road,  
**SHOREHAM BY SEA**, BN43 6PA

### **7.30-9.00pm 'Absolute Beginners'**

St. Mary Magdelene Church, Upper North Street,  
**BRIGHTON**, BN1 3FH

### **7.30-9.00pm 'Horsham Big Book Study'**

Friends Meeting House, Worthing Road,  
**HORSHAM**, RH12 1SL

### **8.00-9.30pm 'Step and Tradition'**

Holy Trinity Church, Tilgate, **CRAWLEY**, RH10 5EU

- Do you feel depressed, guilty, or remorseful after a night of drinking or using?
- Do you use whatever you have almost continuously until the supply is exhausted?
- Do you have an obsession to get drugs or alcohol when you don't have it?

## SATURDAY

### **11.00am-12.30pm 'New Beginning'**

Dorset Gardens Methodist Church,  
Dorset Gardens, (Off St. James Street),  
**KEMPTOWN, BRIGHTON**, BN2 1RL

### **5.30-7.00pm 'Big Book Discussion'**

St Clares Day Centre, 6-8 Marine Place,  
**WORTHING**, BN11 3DN

### **6.00-7.30pm 'We Can Recover: Newcomer Meeting'**

Friends Meeting House,  
5 South Terrace, **HASTINGS**, TN34 1SA

### **6.00-7.30pm 'Absolute Beginners'**

Crawley Hospital, Post Graduate Rooms,  
**WEST GREEN**, West Sussex, RH11 7DH

### **6.30-7.30pm 'A Quiet Peace'**

The Vicarage, Wilbury Road, **HOVE**, BN3 3PB

- Are you experiencing financial difficulties due to your drug or alcohol use?
- Have you ever lied to or misled those around you about how much or how often you use?
- Have you begun to use drugs or drink alone?

## SUNDAY

### **9.00-10.00am 'Gratitude'**

The Vicarage, Wilbury Road, **HOVE**, BN3 3PB

### **11.15am-12.15pm 'Gratitude Meeting'**

St Barnabas Church, Worth Road, **CRAWLEY**,  
West Sussex, RH10 7DY

### **6.15-7.45pm 'Big Book Study'**

Dorset Gardens Methodist Church,  
Dorset Gardens, (Off St. James Street),  
**KEMPTOWN, BRIGHTON**, BN2 1RL

- Do you use larger doses of drugs or alcohol to get the same high you once experienced?
- Have any of your friends or family suggested that you may have a problem?

Correct at time of print April 2018.