

**Cocaine Anonymous
Wales Area
Meetings List**



18 April 2021

Please notify us of new or updated meeting details via the website:

<http://cawales.org.uk/meetings/register-a-new-meeting>
<http://cawales.org.uk/meetings/update-meeting-details>

UK Helpline: 0800 612 0225

Wales Website: www.cawales.org.uk

(CH) these meetings offer the Chit System - an evidence of attendance at C.A. meetings - available upon request from the group Secretary.

(Hybrid) these meetings operate in both a face to face and online capacity.

NOTES/NODIADAU

N.B: Due to the current restrictions across Wales, meetings are operating across different formats:

(Currently Online) These meetings have moved online for the duration of the restrictions.

(Face to face/ Hybrid) These meetings operate in either a face to face and online capacity (hybrid) or just face to face.

(Online) These meetings operate online only, regardless of restrictions.

**Cocên Anhysbys
Ardal Cymru
Rhestr Cyfarfodydd**



18 Ebrill 2021

Rhowch wybod i ni am fanylion cyfarfod newydd neu wedi'u diweddarau trwy'r wefan:

<http://cawales.org.uk/meetings/register-a-new-meeting>
<http://cawales.org.uk/meetings/update-meeting-details>

Llinell Gymorth: 0800 612 0225

Cymru Gwefan: www.cawales.org.uk

(CH) mae'r cyfarfodydd hyn yn cynnig y System Chit - tystiolaeth o bresenoldeb yn C.A. cyfarfodydd - ar gael ar gais Ysgrifennydd y grŵp.

(Hybrid) mae'r cyfarfodydd hyn yn gweithredu yn wyneb yn wyneb ac ar-lein.

Monday/Dydd Llun

19:30 - 20:30 (CH) (Face to Face)

'Big Book Meeting' The Warehouse Church, 23 Mill Parade, **NEWPORT**, NP20 2JQ

Contact/Cyswllt: Jodie 07904 835267 ID: 586 371 577 PW: WalesCA12 [Meeting URL – click here.](#)

20:00 – 21:00 (Online)

'Into Action' **Contact: Charles 07769292133**
ID: 890 4341 7304 PW: 465151 [Meeting URL – click here](#)

Tuesday/Dydd Mawrth

19:00 – 20:00 (Hybrid)

'Step Share Meeting'/'Cyfarfod Rhannu Cam'
Cafe, 36 – 38 Cathays Terrace, **CARDIFF**, CF24 4HX

Contact/Cyswllt: Christos 07305 502287 ID: 586 371 577
PW: WalesCA12 [Meeting URL – click here.](#)

20:15 - 21:15 (Hybrid)

'Big Book Meeting'/'Cyfarfod Big Book'

St Benedicts Catholic Church, The Presbytery, Sketty Rd, SWANSEA, SA2 0JJ

Contact: Dean 07815 738860

ID: 966 797 2746 PW: addict

[Meeting URL – click here](#)

Wednesday/Dydd Mercher

19:00 – 20:00 (CH) (Currently Online)

'A New Beginning'/'Dechreuad Newydd' **Contact/Cyswllt:**

Charles 07719 008028 ID: 586 371 577 PW: WalesCA12

[Meeting URL – click here.](#)

20:00 - 21:00 (CH) (Online)

'Newcomers Meeting'/'Dechreuwy'r'

Contact/Cyswllt: Rachel 07463 048979

ID: 842 3828 1150 PW: 622995

[Meeting URL – click here](#)

19:45 - 21:00 (CH) (Hybrid)

'A Way Out'/'Ffordd Allan'

Merched Y Wawr, Vulcan St, **ABERYSTWYTH**, SY23 1JH

Contact/Cyswllt: Nick 07455 431177

ID: 854 1051 8349. PW: 168485

[Meeting URL – click here](#)

Thursday/Dydd Iau

18:30 – 19:30 (Online)

'Gwent Newcomers Meeting'

Contact/Cyswllt: 07930 288370

ID: 883 8034 5609 PW: 481119 [Meeting](#)

[URL – click here.](#)

18:30 - 20:00 (CH) (Currently Online)

'Keep the Faith'/'Cadw'r Ffydd'

Contact/Cyswllt: Jules 07772 077570 ID:

586 371 577 PW: WalesCA12 [Meeting URL](#)

[– click here.](#)

20:00 – 21:00 (Online)

'Sunlight of the Spirit' **Contact: Aled 07427**

558164 ID: 865 7740 7232 PW: 556871

[Meeting URL – click here](#)

Friday/Dydd Gwener

07:00 – 08:00 (Online)

'Awaken your Gratitude and Meditation'

Contact/Cyswllt: Alex 07852173924 ID: 819 981

11998 PW: 778770 [Meeting URL - click here](#)

19:00 - 20:00 (CH) (Currently Online)

'Freedom in the Ferry'/'Rhyddid yn y Fferi'

Contact: Yvonne 07952 920331

ID: 586 371 577 PW: WalesCA12

[Meeting URL – click here.](#)

Saturday/Dydd Sadwrn

10:00 – 11:00 (Online)

'Step 11 Meditation Meeting'

Contact/Cyswllt: Emma 07783 458110 ID:

515 0246558 PW: 914844 [Meeting URL –](#)

[click here.](#)

19:00 – 20:00 (Face to Face)

'Step Share Meeting'/'Cyfarfod Rhannu Cam'
Cafe, 36 – 38 Cathays Terrace, **CARDIFF**, CF24 4HX

Contact/Cyswllt: Christos 07305 502287 to book your place.

ID: 586 371 577 PW: WalesCA12

[Meeting URL – click here.](#)

Sunday/Dydd Sul

10:00 – 11:00 (Online)

'Women's Newcomers'/Newydd-ddyfodiaid
menywod **Contact: Rhi 07885 590738**

ID: 586 371 577 PW: WalesCA12

[Meeting URL – click here](#)

18:30 - 20:00 (CH) (Currently Online)

'We Can Recover'/'Fe Allwn Wella'

Contact/Cyswllt: Jules 07772 077570 ID:

586 371 577 PW: WalesCA12 [Meeting](#)

[URL – click here.](#)

19:00 - 20:15 (CH) (Face to Face)

'From Bridge to Shore'/'O'r Bont i'r Traeth'

St Christopher's Church, 2 Pembroke road,

Chepstow, NP16 5AF **Contact/Cyswllt: Call 07779 161093**

ID: 402 419 8895 PW: recover

[Meeting URL – click here](#)