

C.A. is concerned solely with the personal recovery and continued sobriety of individual drug addicts who turn to our Fellowship for help. We do not engage in the fields of drug addiction research, medical or psychiatric treatment, drug education, or propaganda in any form — although members may participate in such activities as individuals.

We believe best way to reach someone is to speak to him or her on a common level. The members of C.A. are all recovering addicts who maintain their individual sobriety by working with others. We come from various social, ethnic, economic and religious backgrounds, but what we have in common is addiction.

The Twelve Steps describe the Program of Recovery used by Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

We're here and we're free

COCAINE ANONYMOUS

Midlands District Meetings List

Drugs no longer working?

For addicts and those who think they may have a problem with drugs or alcohol, please call the freephone helpline on:

0800 689 4732

There is a solution



Helpline: 0800 689 4732

Website: www.centralukca.co.uk

Online Meetings www.ca-online.org

We're here and we're free

Northamptonshire Meetings

When	Where	Details
Monday 7-8pm	Full Gospel Church 60 High Street, South Rushden NN10 0FR	Share Meeting <i>Closed Meeting</i>
Tuesday 7.30-9pm	The Mixing Bowl, Upstairs MIND, 49-51 Russel Street, Kettering NN16 0EN	There Is a Solution Big Book Study <i>Closed Meeting</i>
Wednesday 7.30-9pm	Our Lady's Catholic Church Hall 77 Occupation Road Corby NN17 1EE	Hope Faith and Courage Meeting
Thursday 7.30-9pm	Mind Building Anchor House 6-7 Regent Square Sheep Street Northampton	Big Book Study <i>Open Meeting</i>
Friday 7.30-9pm	The Bridge 13/15 Oxford Street Wellingborough NN8 4HY	Spirit of Recovery Topic Share Meeting <i>Open Meeting</i>
Saturday 4-5:30pm	Our Lady's Catholic Church Hall 77 Occupation Road Corby NN17 1EE	Big Book Study <i>Closed Meeting</i>
Saturday 6-7:00pm	Full Gospel Church 60 High Street, South Rushden NN10 0FR	Prayer & Meditation meeting <i>Closed Meeting</i>
Sunday 7-8.30pm	Mind Building Anchor House 6-7 Regent Square Sheep Street Northampton	Hope, Faith & Courage Recovery Topic Sharing Meetin

Nottinghamshire Meetings

When	Where	Details
Monday 7.30-8.30pm	Church Of St John the Evangelist Mansfield Road Nottingham NG5 2DP	Bring your own Book Big Book Study <i>Open Meeting</i>
Tuesday 7.30-8.30pm	Church Of St John the Evangelist Mansfield Road Nottingham NG5 2DP	Big Book Study <i>Open Meeting</i>
Friday 5.30-6.30pm	Church Of St John the Evangelist Mansfield Road Nottingham NG5 2DP	Step Share Meeting <i>Open Meeting</i>
Saturday Doors open 6pm 7pm- 8:30pm for meeting	Friends Meeting House Rosemary St Mansfield NG19 6AB	Hope, Faith and Courage <i>Open Meeting</i>

Leicestershire Meetings

When	Where	Details
Monday 7-8.00pm	Stairway Project, 68 Humberstone Gate, Leicester LE1 3PL	Share meeting Top of stairs <i>Closed Meeting</i>
Thursday 7-8.00pm	Stairway Project, 68 Humberstone Gate, Leicester LE1 3PL	Share meeting Top of stairs <i>Closed Meeting</i>

Derbyshire Meetings

When	Where	Details
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Thursday 7-8:00pm	New Life Church Holmes Street Entrance (just off Normanton Road) Derby DE23 6UU	Derby Big Book <i>Closed Meeting</i>
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Warwickshire Meetings

When	Where	Details
Friday 8.30- 9.30pm	Hill Street Community Centre Rugby CV21 2NB	Big Book Study Meeting <i>Open Meeting</i>

West Midlands Meetings

When	Where	Details
Tuesday 7:30- 8:30pm	Salvation Army William Booth Centre Shadwell Street Birmingham B4 6HA	Happy Joyous and Free Meeting <i>Open Meeting</i>
Wednesday 8-9pm	Hobs Moat United Reformed Church 37 Faulkner Road Solihull B92 8SD	Solihull CA <i>Closed Meeting</i>
Thursday 7.30- 8.30pm	Central Hall Methodist Church Warwick Street Coventry CV1 2HA	We were reborn Big Book Group <i>Open Meeting</i>

Meetings identified as *Open* are open to anyone. Those identified as *Closed* meetings are for addicts and those who think they may have a problem with drugs and/or alcohol.

Please continue to check the website:
www.centralukca.co.uk for the most up-to-date meeting list